

To all my patients, their families and colleagues,

I am writing to let you know that I will be retiring from clinical practice on **December 31, 2024**.

It is with very mixed emotions that this decision is being made. I have been a therapist for nearly 35 years, 3 in West Hartford, CT, 25 at North Shore Center in Mequon, WI, and 6 at Nye Psychotherapy. It has defined a huge part of my identity for most of my life.

Reflecting on my journey, I am filled with a profound sense of appreciation for each and every one of you who has crossed my path. Your trust, courage, and resilience have inspired me beyond measure, and I am humbled to have been a part of your lives. It has been a gift, and I am forever grateful.

To my patients,

I extend my heartfelt thanks for allowing me into your inner worlds, for sharing your stories, struggles and triumphs with me. It has been an honor and a privilege to walk alongside you on your paths towards healing and self discovery. Your courage and determination have been inspirational, and I am immensely proud of the progress you have made.

To my colleagues,

I am grateful for your unwavering support, collaboration, and camaraderie throughout the years. Your dedication to your field and commitment to excellence have enriched my professional journey in countless ways. I am deeply appreciative of the opportunities we have had to learn from one another and grow together as a community.

Although I am retiring from my role as a practicing therapist, I will continue to work at UWM, running the training clinic and supervising graduate students in the Clinical Psychology PhD program. There is no doubt that I will miss seeing clients, doing what I have enjoyed doing for so many years, however, I know

it's time for me now to step back, have some down tine, and possibly take on some new, creative challenges.

A little business,

I will be going fully virtual in mid-May. I am fortunate to have a home office and hope to continue to see clients through the end of the year via Zoom.

I will be arranging for some trusted colleagues to be available for a transfer of care. I will talk to you about referrals personally.

I will also be arranging for a secure, HIPAA-Compliant medical records custodian to store and maintain your files. I will make this information available to you soon and a link will be present on my website.

Thank you for allowing me to be part of your journey. Wishing you all continued success, happiness, and fulfillment in all of your endeavors.

With warm regards and best wishes.